# Interested in becoming a foster parent? Here's what's next.



### By fostering with a Foster Plus agency, you can help guide a young person in your community toward a healthier, happier future.

Whether you're interested in becoming a full-time foster parent or a part-time Relief Parent, your journey will include a few steps to prepare you. Your local agency will work with you to provide specialized training and extra support, and to make sure fostering is a good fit for you and your family.

#### Your journey toward fostering

No matter which Foster Plus agency you foster with, your journey will include these steps. The process typically takes between six weeks and four months.

#### 1. Learning & Exploration

Learn what's involved in fostering and get to know the team at your local agency. You'll get a better understanding of whether fostering is a good fit for you and your family.

#### 2. Getting Started

Attend an info session, and submit your application to become a foster parent or Relief Parent. The application asks for basic details such as information about the people living in your home and your experience as a caretaker.

#### 3. Training & Certification

Receive about 30 hours of specialized training—a mix of in-person and online training. You'll also provide references and documents (such as proof of insurance) and complete a background check, a written questionnaire and in-person interviews. Your local agencywill review everything and, if it all checks out, certify you for fostering.

#### 4. Orientation

Meet your support team and learn more about the kids your agency serves. In the meantime, the team at your local agency will begin looking for a child who's a good fit for your home.

#### 5. Foster Parenting

Get paired with a foster kid and start making a difference in their life. If you become a full-time foster parent, you can expect the child to stay in your home for six months to two years. If you're a Relief Parent, each kid will stay with you for a day or two at a time (or sometimes up to two weeks if you are open to a longer stay). Your Foster Plus team will be available 24/7 to support you on your journey.

## To foster with a Foster Plus agency, you must meet the following basic requirements:

- + At least 21 years old
- Can pass a background check
- Can demonstrate financial independence (families cannot be dependent upon the foster care stipend)
- Complete orientation and pre-certification training, and maintain certification through continued education and training
- + Reliable transportation
- Separate bedroom with a door and a window for the foster kid placed in your home
- \*Local agencies may have additional requirements beyond those listed here.

